



MONTHLY ACTIVITY SCHEDULE




RIVERVIEW

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>10:00 Lecture: How to Stay Fit at Any Age</p> <p>10:30 Exercise Video</p> <p>11:30 Groundhog Crossword</p> <p>1:00 Classical Winter Music</p> <p>2:00 "Special Events"/ Fitness Class</p> <p>3:00 BINGO</p> <p>6:30 Movie Time</p>	<p>2</p> <p>10:00 Wii Tennis</p> <p>11:30 Board Games</p> <p>1:30 Saturday Matinee: "L'Elisir d'Amore"</p> <p>3:30 Snacks and Socializing</p> <p>6:30 Saturday Movie</p>
<p>3</p> <p>11:00 Easy Chair Exercises</p> <p>2:00 AFL : American Football League History</p> <p>3:30 Coffee, Tea and Cookies</p> <p>6:15 SUPER BOWL 53</p>	<p>4</p> <p>10:00 Morning Exercise</p> <p>11:00 Super Bowl Word Search</p> <p>1:00 Monday Melodies: Relaxing Saxophone Music</p> <p>2:30 Coffee, Tea and Cookies</p> <p>3:00 BINGO</p> <p>6:30 Monday Night Movie</p>	<p>5</p> <p>9:00 Beautician Irene</p> <p>11:00 Chair Dance Aerobics</p> <p>1:00 Best Hits of the 80's</p> <p>1:30 Play with Friends: Card Games</p> <p>2:30 INFORMATION SESSION: Physician Dr. Lewkowicz</p> <p>3:30 Current Events</p> <p>6:30 Guys' Night at the Movies</p>	<p>6</p> <p>10:00 Fitness Machine Help</p> <p>11:00 Play with Friends: Upwords Game</p> <p>1:00 Rick Steves': Travel To Europe</p> <p>2:00 Live Entertainment: Violinist, Mary - Loise</p> <p>3:00 BINGO</p> <p>3:30 Coffee, Tea and Cookies</p> <p>6:30 Movie and Popcorn</p>	<p>7</p> <p>10:00 Wii Bowling</p> <p>11:00 Easy Music Listening</p> <p>1:00 International Dances on the Web</p> <p>2:30 Wine & Cheese Social</p> <p>3:00 Coffee and Tea</p> <p>3:30 Table Talk Conversation</p> <p>6:30 Movie Night</p>	<p>8</p> <p>10:00 Lecture: Essentials of Tai Chi</p> <p>10:30 Tai Chi Exercise</p> <p>11:30 Valentine's Coloring & Sketching</p> <p>2:00 INFORMATION SESSION: Outreach Physical Therapy</p> <p>3:30 Coffee, Tea and Cookies</p> <p>6:30 Movie Time</p>	<p>9</p> <p>10:00 Wii Tennis</p> <p>11:30 Board Games</p> <p>1:00 How to Listen To and Understand Opera</p> <p>1:30 Saturday Matinee: Giuseppe Verdi's "Rigoletto" (Pavarotti)</p> <p>3:30 Snacks and Socializing</p> <p>6:30 Saturday Movie</p>

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<p>10</p> <p>Family Day</p> <p>11:00 Easy Chair Exercises 2:00 Il Divo Concert 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>11</p> <p>10:00 Morning Exercise 11:00 February Trivia 1:00 Monday Melodies: Best French Songs For All Times 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Monday Night Movie</p>	<p>12</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 The Greatest Waltzes of All Time 2:30 Ice Cream and Hot Chocolate Social 3:00 Current Events 6:30 Guys' Night at the Movies</p>	<p>13</p> <p>10:00 Fitness Machine Help 11:00 Play with Friends: Upwords Game 1:00 Best Elegant Love Melodies 2:00 World Museums: The Metropolitan Museum of Art Virtual Tour 3:00 BINGO 3:30 Coffee and Conversation 6:30 Movie and Popcorn</p> 	<p> Happy Valentine's Day</p> <p>10:00 Wii Bowling 11:00 Shop on Web 1:00 Winter JAZZ 2:00 Live Entertainment with Jeffrey  3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>	<p>15</p> <p>10:00 Lecture: How to Stay Fit at Any Age 10:30 Exercise Video 11:30 Valentine's Supersize Crossword 1:00 Most Romantic Love Songs Of All Time: 70's, 80's, 90's Collection 3:00 BINGO 6:30 Movie Time</p>	<p>16</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee: "Tosca" (Kabaivanska, Domingo) 3:30 Snacks and Socializing 6:30 Saturday Movie</p>
<p>17</p> <p>Family Day</p> <p>11:00 Easy Chair Exercises 2:00 Tchaikovsky: "Swan lake" The Kirow Ballet 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>18</p> <p>10:00 Morning Exercise 1:00 Winter Melodies 2:00 Presidents' Day History 2:30 Coffee, Tea and Cookies 6:30 Monday Night Movie</p> 	<p>19</p> <p>9:00 Podiatrist Visit Dr. Antonetz 11:00 Chair Dance Aerobic 1:00 Play with Friends: Card Games 2:30 Ice Cream and Hot Chocolate Social 3:00 Book Discussion Group 6:30 Guys' Night at the Movies</p>	<p>20</p>  <p>10:00 Fitness Machine Help 11:00 Play with Friends: Scrabble 1:00 Rick Steves': Travel To Europe 2:00 Purim Music! 3:00 BINGO 3:30 Coffee, Tea and Cookies 6:30 Movie and Popcorn</p>  <p>PURIM BEGINS</p>	<p>21</p> <p>10:00 Wii Bowling 11:00 Easy Music Listening 1:00 International Dances on the Web 2:30 Wine & Cheese Social 3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>	<p>22</p> <p>10:00 Lecture: How to Stay Fit at Any Age 10:30 Exercise Video 11:30 Supersize Crossword 12:30 Restaurant Outing 2:00 Smooth Jazz: Beatles Tribute 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Movie Time</p>	<p>23</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee: Rossini's "La Cenerentola" 3:30 Snacks and Socializing 6:30 Saturday Movie</p>
<p>24</p> <p>Family Day</p> <p>11:00 Easy Chair Exercises 2:00 Andrea Bocelli: LIVE Full Concert 2018 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>25</p> <p>10:00 Morning Exercise 11:00 Play with Friends: Scrabble 1:00 Relaxing Winter Saxophone Music 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Monday Night Movie</p>	<p>26</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 Old Russian Waltzes 2:30 Ice Cream and Hot Chocolate Social 3:00 Current Events 6:30 Guys' Night at the Movies</p>	<p>27</p>  <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 Chopin: Nocturne Op.9 No2 2:00 February B'Day Party Live Entertainment with Linda</p>  <p>6:30 Guys' Night at the Movies</p>	<p>28</p> <p>10:00 Fitness Machine Help 11:00 Birthday Word Search 1:00 Ana Vidović: Guitar Artistry in Concert 2:00 World Museums: Art Masterpieces of the Louvre Virtual tour 3:00 BINGO 3:30 Coffee and Conversation 6:30 Movie Night</p>		

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