







MONTHLY ACTIVITY SCHEDULE



RIVERVIEW 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>2</p> <p>10:00 Fitness Machine Help 11:00 January Word Search 1:00 Romantic Music 2:00 Fitness Class 3:00 BINGO 3:30 Coffee and Conversation 6:30 Movie and Popcorn</p> 	<p>3</p> <p>10:00 Wii Bowling 11:00 Shop on the Web 1:00 Winter JAZZ 2:30 Wine & Cheese Social 3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>	<p>4</p> <p>10:00 Lecture Series: How to Stay Fit at any Age 10:30 Exercise Video 11:30 Supersize Crossword 1:00 Best Hits of the 80's 2:00 "Special Events" Fitness Class 3:00 BINGO 6:30 Movie Time</p>	<p>5</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee: "La Traviata" 3:30 Snacks and Socializing 6:30 Saturday Movie</p>
<p>6</p> <p>Family Day</p> <p>11:00 Easy Chair Exercises 2:00 YouTube presents: "New Year Inspirations" Instrumental Music 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>7</p> <p>10:00 Morning Exercise 11:00 Winter Trivia 1:00 Monday Melodies: Relaxing Saxophone Music 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Monday Night Movie</p>	<p>8</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 Classical Winter Music 1:30 Play Card Games with Friends 3:00 Ice Cream and Hot Chocolate Social 3:30 Current Events 6:30 Guys' Night at the Movies</p>	<p>9</p> <p>10:00 Fitness Machine Help 11:00 Scrabble Game 1:00 Rick Steves': Travel to Europe 2:00 Fitness Class 3:00 BINGO 3:30 Coffee, Tea and Cookies 6:30 Movie and Popcorn</p> 	<p>10</p> <p>10:00 Wii Bowling 11:00 Easy Music Listening 1:00 International Dances on the web 2:00 Winter Beer Tasting 2:30 Live Entertainment 3:30 Coffee and Tea 6:30 Movie Night</p>	<p>11</p> <p>10:00 Lecture: Essentials of Tai Chi 10:30 Exercise Tai Chi 11:30 Coloring & Sketching 2:00 INFORMATION SESSION: AUDIOLOGIST/HEARING 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>12</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee: "La Boheme" 3:30 Snacks and Socializing 6:30 Saturday Movie</p>

Monthly Calendar is Subject to Change

<p>13 Family Day</p> <p>11:00 Easy Chair Exercises 2:00 "Vienna New Year Concert" 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>14</p> <p>10:00 Morning Exercise 11:00 Winter Trivia 1:00 Monday Melodies: Relaxing Saxophone Music 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:00 Monday Night Movie</p>	<p>15</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 "Snow Falling" Relaxing Music 2:30 Ice Cream and Hot Chocolate Social 3:00 Book Discussion Group 6:30 Guys' Night at the Movies</p> 	<p>16</p> <p>10:00 Fitness Machine Help 11:00 January Word Search 1:00 Romantic Winter Music 2:00 Fitness Class 3:00 BINGO 3:30 Coffee and Conversation 6:30 Movie and Popcorn</p> 	<p>17</p> <p>10:00 Wii Bowling 11:00 Shop on the Web 1:00 Winter JAZZ 2:30 Wine & Cheese Social 3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>	<p>18</p> <p>10:00 Lecture Series: How to Stay Fit at any Age 10:30 Exercise Video 11:30 Supersize Crossword 1:00 Best Hits of the 80's 2:00 Live Entertainment 3:00 BINGO 6:30 Movie Time</p>	<p>19</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee: "Carmen" 3:30 Snacks and Socializing 6:30 Saturday Movie</p>
<p>20 Family Day</p> <p>11:00 Easy Chair Exercises 2:00 YouTube presents: "Chicago Symphony Orchestra conducted by Riccardo Muti" 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>21 <u>MLK JR. DAY</u></p> <p>10:00 Morning Exercise 1:00 Winter Melodies 2:30 Coffee, Tea and Cookies 6:30 Monday Night Movie</p> 	<p>22</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 "Beautiful White Winter" Peaceful Music 1:30 Play Card Games with Friends 2:30 Ice Cream Social 3:00 Current Events 6:30 Guys' Night at the Movies</p> 	<p>23</p> <p>10:00 Fitness Machine Help 11:00 Scrabble Game 1:00 Rick Steves': Travel to Europe 2:00 Fitness Class 3:00 BINGO 3:30 Coffee, Tea and Cookies 6:30 Movie and Popcorn</p> 	<p>24</p> <p>10:00 Wii Bowling 11:00 Easy Music Listening 1:00 International Dances on the web 2:30 Wine & Cheese Social 3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>	<p>25</p> <p>10:00 Lecture: Essentials of Tai Chi 10:30 Exercise Video 11:30 Supersize Crossword 12:30 Restaurant Outing 2:00 Best Hits of the 80's 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Movie Time</p>	<p>26</p> <p>10:00 Wii Tennis 11:30 Board Games 1:00 How to Listen To and Understand Opera 1:30 Saturday Matinee "Madame Butterfly" 3:30 Snacks and Socializing 6:30 Saturday Movie</p>
<p>27 Family Day</p> <p>11:00 Easy Chair Exercises 2:00 New Year's Concert Classical Music 3:30 Coffee, Tea and Cookies 6:30 Movie Time</p>	<p>28</p> <p>10:00 Morning Exercise 11:00 January Trivia 1:00 Relaxing Winter Saxophone Music 2:30 Coffee, Tea and Cookies 3:00 BINGO 6:30 Monday Night Movie</p>	<p>29</p> <p>9:00 Beautician Irene 11:00 Chair Dance Aerobics 1:00 Winter Jazz Music 2:00 January B'Day Party Live Entertainment</p>  <p>6:30 Guys' Night at the Movies</p> 	<p>30</p> <p>10:00 Fitness Machine Help 11:00 January Word Search 1:00 Scenic Winter Forest Walk with Music 2:00 Fitness Class 3:00 BINGO 3:30 Coffee and Conversation 6:30 Movie and Popcorn</p> 	<p>31</p> <p>10:00 Wii Bowling 11:00 Shop on Web 1:00 Winter JAZZ 2:30 Wine & Cheese Social 3:00 Coffee and Tea 3:30 Table Talk Conversation 6:30 Movie Night</p>		

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